

MHRT/C Competency Survey

Domain IV: Health and Wellness

Please read through each set of knowledge competencies on the next few pages. At the end of each set, please rate them using the following scale:

0: Not a Priority - Competency not needed for MHRT/C

1: Low Priority - Should have competency within first 3 years of being a MHRT/C

2: Medium Priority - Should have competency within first year of employment as a MHRT/C

3: High Priority - Needs to have competency when beginning job as a MHRT/C

4: Special Priority - This is a priority for those MHRT/Cs who provide specialty services or services to special populations.

Awareness of:

0	1	2	3	4
Not a Priority	Low Priority	Medium Priority	High Priority	Special Priority

1. Etiology, progression, and progression of major physically and psychologically disabling conditions

Impact of the interaction of co-occurring medical issues

2. Social contexts affecting the prognosis of comorbid conditions, prevalence of related consumer risk factors related to co-occurring conditions (e.g., suicide, self-injury) and appropriate actions to take

3. Crisis planning and advance directives

4. Common behavioral addictions

5. The role of behavioral addictions

6. The psychological, social, and physiological signs and symptoms of addiction and addiction withdrawal

7. The interdependent relationship between mental illness and physical health

9. Wellness promotion programs, strategies, and assessment tools to manage stress, assess triggers, and monitor medications

Skills

11. Identify issues/risk factors arising from comorbid medical and psychiatric conditions in consumers

If you checked #4, Special Priority, for any of the competencies or skills listed in this section, please indicate which # competency or skill is a special priority and explain why that is.

--

--

Next